

## **SCDD Area Board 2 - Strategic Plan**

### **Goals-Benchmarks-Strategies**

#### **Vision Statement**

People feel free to dream and are recognized as valued, contributing members of their community.

#### **Mission Statement**

ABII advocates for the legal, civil and service rights of people with developmental disabilities and their families to promote genuine; education, employment, relationships and community inclusion.

### **2.0 COMMUNITY SUPPORTS**

#### **Goal:**

**AB2-2.1:** Individuals, their families and service providers will have the education, training and information needed to access and provide quality services.

#### **Benchmark:**

**AB2-2.1.1:** Area Board 2 will sponsor, co-sponsor and collaborate with organizations to provide and publicize training and information annually.

#### **Strategies:**

**AB2-2.1.1.1:** By December 2011, Area Board 2 will assess “respite” provider training needs and explore expanding Work Training Center (WTC’s) “Ethics” training.

**AB2-2.1.1.2:** By October 2012, Area Board 2 will explore alternative, cost effective methods (web/phone/gotomeeting.com) to provide education and training in our rural region.

#### **Goal:**

**AB2-2.2:** Stakeholders representing the diversity of our community work together to protect the rights of people with developmental disabilities and to ensure their inclusion in the community.

#### **Benchmark:**

**AB2-2.2.1:** Area Board 2 will facilitate communication and collaboration between public, private and non-profit agencies in our region.

#### **Strategies:**

**AB2-2.2.1.1:** Area Board 2 will be represented at meetings and events of a wide

variety of organizations to share information and promote collaboration including but not limited to: Shasta, Butte and Tehama County Coordinating Council's on Developmental Disabilities (10-12 times a year); Work Training Center Advisory Committee (four times a year); Far Northern Regional Center's Service Providers Advisory Committee (SPAC) (six times a year); Butte County IHSS Advisory Committee (four times a year); Brain Injury Coalition (four times a year); Shasta College Disabled Students Programs and Services (DSPS) (twice a year); California State University (CSU)-Chico Special Education Advisory Committee (twice a year); Northern California State Budget Alliance (NCSBA) (6 times a year) and, as invited, to Rowell Family Empowerment of Northern California (RFENC), Plumas Rural Services Family Empowerment Center (PRS FEC), North State In-Home Supportive Services (IHSS) Public Authority, Region 2 People First and local Chapters, Rural Education Institute, Independent Living Services of Northern California (ILSNC), County Children's Services (CCS), Public Housing and Public Transportation.

**AB2-2.2.1.2:** Area Board 2 will be represented at Far Northern Regional Center Board meetings (five times a year) to communicate and collaborate on developing system improvement projects and resolving problems.

**AB2-2.2.1.3:** Area Board 2 will be represented at meetings of County Special Education Local Plan Area's (SELPA) including Community Advisory Committee's (CAC) (twice a year) and Region 2 Special Education Local Plan Area Director's (once a year) to communicate and collaborate on developing system improvement projects and resolve problems.

**AB2-2.2.1.4:** Annually, Area Board 2 will co-sponsor with Shasta County Coordinating Council (CCC) on Developmental Disabilities a "summit" of three CCC's to share information and collaboration to improve services for people with developmental disabilities.

**AB2-2.2.1.5:** Annually, Area Board 2 will collaborate with Butte County Coordinating Council's on Developmental Disabilities (BCCC) to produce the annual "Recognition Celebration: Recognizing People Who Make a Difference" with 30 awards, special performance, music and dinner.

**AB2-2.2.1.6:** Annually, Area Board 2 will collaborate with Tehama County Coordinating Council's on Developmental Disabilities (TCCC) to produce the annual "Circle of Champions" awards ceremony and luncheon.

### **3.0 CROSS CUTTING**

#### **Goal:**

**AB2-3.1:** Individuals with developmental disabilities and their families have the opportunity to fully access community options and are recognized as valued, contributing members of their community.

#### **Benchmark:**

**AB2-3.1.1:** Individuals and their families speak up, are listened to and participate on Boards, Advisory Groups, as well as, community groups and events.

**Strategies:**

**AB2-3.1.1.1:** Area Board 2 will promote and publicize opportunities for Rowell Family Empowerment of Northern California (RFENC), Plumas Rural Services – Family Empowerment Center (PRS-FEC) People First and other organizations to serve on Boards, attend public meetings and speak up on behalf of their peers.

**AB2-3.1.1.2:** Area Board 2 will facilitate three presentations to public bodies and community organizations by self advocates, parents and service providers about their strengths, contributions and challenges using resources such as “We Include” “Arc’s Respect” DVD’s.

**AB2-3.1.1.3:** Area Board 2 will continue to work with Region 2 People First officers and FNRC to collaborate on a “Welcome Home” project for people moving into their area from a Developmental Center or residential facility.

**AB2-3.1.1.4:** Area Board 2 will collaborate with organizations to increase community awareness and appreciation of the contribution of people with disabilities to our culture and technology.

**Goal:**

**AB2-3.2:** Individuals, their families and service providers will have the education, training and information needed to access and provide quality services.

**Benchmark:**

**AB2-3.2.1:** Area Board 2 will sponsor, co-sponsor and collaborate with organizations to provide and publicize training and information.

**Strategies:**

**AB2-3.2.1.1:** Area Board 2 will publicize and distribute a “Groups & Events” flyer six times a year.

**AB2-3.2.1.2:** Area Board 2 will co-sponsor a Far Northern Regional Center’s (FNRC) “Focus Film Festival” events at least twice a year.

**AB2-3.2.1.3:** Serve on the Supported Life Conference Planning Committee six times a year.

**AB2-3.2.1.4:** Area Board 2 will present on topics such as: history of the developmental disabilities system, “Lanterman Developmental Disabilities Act”, self-

advocacy, People First, disaster preparedness, transition to adulthood, healthy relationships, Personal Care Guidelines and Abuse Prevention four times a year.

**Goal:**

**AB2-3.3:** Legislative representatives and the Administration respond fully to the needs of people with developmental disabilities and their families.

**Benchmark:**

**AB2-3.3.1:** Area Board 2 in partnership with individuals and organizations will inform and advocate for quality services through legislative and advocacy activities.

**Strategies:**

**AB2-3.3.1.1:** As a founding member of the Northern California State Budget Alliance (NCSBA), Area Board 2 will collaborate at meetings, co-host events and outreach to other organizations.

**AB2-3.3.1.2:** Three times a year, Area Board 2 will collaborate with CCC's to inform Board of Supervisors and City Councils about activities and issues important to the disability community, as well, as contributions we make to the community.

**AB2-3.3.1.3:** Twice a year, Area Board 2 will participate on the Shasta College's DSPS Advisory Committee and work with SCCC and TCCC to increase college classes and supports for students with developmental disabilities.

**AB2-3.3.1.4:** Annually, Area Board 2 will contact Department of Rehabilitation and advocate representation at CCC and SPAC meetings to inform and collaborate with the developmental disabilities service system.

**AB2-3.3.1.5:** By June 2011, Area Board 2 will host a meeting with RFENC/PSR FEC/FNRC/WCALF to strategize activities to increase parent/self-advocate unity, build a "big picture" perspective, and co-train on what helps families/students/adults have "the good life."

**AB2-3.3.1.6:** Area Board 2 will advocate for legislation providing a waiver process for parents and consumers who work in the developmental disabilities system, to serve as members of Area Boards.

**AB2-3.3.1.7:** Area Board 2 will gather information and share ideas about increasing employment opportunities through collaboration with DOR, FNRC, Micro Business, HRA's and local vocational service providers.

**AB2-3.3.1.8:** Area Board 2 will gather information and share ideas about increasing affordable and accessible housing including: Housing and Urban Development (HUD), Section 8, Community Housing Improvement Program (CHIP), Habitat for

Humanity, Co-Housing with peers, assisted living and retirement community models, focusing first in Glenn and Plumas Counties.

#### **4.0 EDUCATION AND EARLY INTERVENTION**

**Goal:**

**AB2-4.1:** Individuals, their families and service providers will have the education, training and information needed to access and provide quality services.

**Benchmark:**

**AB2-4.1.1:** Area Board 2 will sponsor, co-sponsor and collaborate with organizations to provide and publicize training and information.

**Strategies:**

**AB2-4.1.1.1:** Annually, Area Board 2 will collaborate with the Statewide Non-Profit Transition Alliance in promoting Transition Education and regional conferences.

**AB2-4.1.1.2:** Annually, Area Board 2 will participate in at least three SELPA “Transition Fairs.”

**Strategy:**

**AB2-4.2.1.1:** By December 2012, Area Board 2 will co-sponsor a workshop with SELPA’s, adult programs and People First about “Work Incentives-Why Working is Good” targeting families and transition students.

#### **6.0 HEALTH**

**Goal:**

**AB2-6.1:** Individuals, their families and service providers will have the education, training and information needed to access and provide quality services.

**Benchmark:**

**AB2-6.1.1:** Area Board 2 will sponsor, co-sponsor and collaborate with organizations to provide and publicize training and information to increase health and related services.

**Strategies:**

**AB2-6.1.1.1:** Area Board 2 will facilitate presentations of the “Drug & Alcohol Team” ten times a year.

#### **8.0 QUALITY ASSURANCE**

**Goal:**

**AB2-8.1:** People with developmental disabilities have quality lives and a service system that assures safety, practices respect and promotes inclusion.

**Benchmark:**

**AB2-8.1.1:** People with developmental disabilities are safe, free of abuse; and grow into adulthood with healthy relationships, healthy bodies and a desire to contribute in their community. People are living “the good life.”

**Strategies:**

**AB2-8.1.1.1:** Area Board 2 will provide oversight and encourage development of needed health services to consumers.

**AB2-8.1.1.2:** Area Board 2 will collaborate with Area Board 3 on the Quality Assurance project in our region including: training; local service agencies and Far Northern Regional Center (FNRC) contacts; and, understanding our region.

**AB2-8.1.1.3:** Area Board 2 will initiate/facilitate activities and recommendations of the “HRSAP Advisory Committee” including: Parent Handbook distribution; expanding use of Personal Care Guidelines in our region; and presentations to Special Education Local Plan Area (SELPA), parents and youth by self-advocate Peer Teams such as Consumer Abuse Awareness Team (CAAT), Abuse Prevention Team (APT), Drug and Alcohol Team (DAT) and, Same As You (SAY).

**AB2-8.1.1.4:** Annually, Area Board 2 will co-sponsor two Emergency Preparedness Fairs and promote video production of Theater in the Now’s “Ready or Not” show.

**AB2-8.1.1.5:** By June 2013, Area Board 2 will meet with We Care A Lot Foundation (WCALF) and Region 2 People First to explore resources, information and action regarding: police training and reporting crimes; training for providers on dreams, respect, confidentiality; and financial abuse.

**Goal:**

**AB2-8.2:** Area Board 2 members represent and understand the diversity of our community, and, are active and effective in their duties as established in law.

**Benchmark:**

**AB2-8.2.1:** Area Board 2 has a full board, known to and respected by the disability community of their county and that brings issues and ideas to the full board’s attention.

**Strategies:**

**AB2-8.2.1.1:** As needed, Area Board 2 will recruit active parents, individuals with developmental disabilities and community members to represent their community in service on the Board.

**AB2-8.2.1.2:** On a regular basis, Area Board 2 members will be informed on local, state and federal issues.

**AB2-8.2.1.3:** On a regular basis, Area Board 2 will present local issues to the State Council.

**AB2-8.2.1.4:** On a regular basis, Area Board 2 members will attend & report to County Coordinating Councils.

**AB2-8.2.1.5:** Annually, Area Board 2 will be provided with a written Annual Report of accomplishments.

**AB2-8.2.1.6:** Every two years, Area Board 2 will evaluate the Executive Director per Area Board 2 By-laws.

**AB2-8.2.1.7:** Every two years, Area Board 2 will review By-Laws (2011).

**AB2-8.2.1.8:** Five times a year, Area Board 2 will invite agency officials to present at board meetings to bring issues and information to our attention.

**AB2-8.2.1.9:** As needed Board binders and business cards will be updated, and Board training needs will be assessed and provided.

**AB2-8.2.1.10:** By September 2011, at least one new CCC will be formed.

**AB2-8.2.1.11:** By June 2011, Area Board 2 members will meet with the FNRC BOD Rep., SELPA/CAC, Service Providers, RFENC, PRS FEC, Parent Leaders and People First in their county.

**AB2-8.2.1.12:** By June 2012, Area Board 2 members will meet with other public agencies, non-profits and stakeholders in the County to build partnerships and promote collaboration outside the developmental disabilities system.

**Goal:**

**AB2-8.3:** Individuals with disabilities and their families have control, choice and flexibility in the services they receive.

**Benchmark:**

**AB2-8.3.1:** People with developmental disabilities know their rights, responsibilities and how to advocate for themselves. People with developmental disabilities direct their own non-profit self-advocacy organization and its chapters.

**Strategies:**

**AB2-8.3.1.1:** As requested, Area Board 2 will provide support and technical assistance to local People First Chapters, Region 2 People First, We Care A Lot Foundation (WCALF) and People First of California.

**AB2-8.3.1.2:** Area Board 2 will promote forums where: people learn to speak for themselves; professionals listen; and, both work together for system change.

**AB2-8.3.1.3:** By June 2011, Area Board 2 will meet with (WCALF) and People First to explore projects including: educating parents on history and value of the “self advocacy” movement; “peer training” programs; expanding “Life Guides” to helping young teens and adults living with aging parents develop their own “Life Plan”; “Welcome Home” project; and, forums about “why” working and marriage are good.

**AB2-8.3.1.4:** By June 2011, Area Board 2 will receive training on student led IEP’s.

**Goal:**

**AB2-8.4:** Individuals and families will receive the supports and services they are entitled to under the law.

**Benchmark:**

**AB2-8.4.1:** Area Board 2 will promote programs provide education and advocacy for individuals with developmental disabilities, their families and other agencies to assist in improving and navigating the system.

**Strategies:**

**AB2-8.4.1.1:** Area Board 2 will provide advocacy to at least 40 individuals and/or families. This advocacy may include systems navigation, technical assistance, information, attendance at meetings (IPP, IFSP, IEP) and assistance with due process as appropriate.

**AB2-8.4.1.2:** Annually, Area Board 2 will assist in publicizing and evaluating local applicants for the State Council on Developmental Disabilities (SCDD) Community Program Development Grants.

**AB2-8.4.1.3:** As requested by the SCDD, Area Board 2 will provide input or action to identify and collaborate on systemic issues.

**AB2-8.4.1.4:** By July 2011, Area Board 2 will complete the Program Development Grant selection process.



**AB2-8.4.1.5:** Annually, Area Board 2 staff and Board Members will attend at least one SELPA Community Advisory Committee meeting in each County and encourage parent participation and self-advocate presentations.

**Goal:**

**AB2-8.5:** Individuals and their families shall have the opportunity to fully access community options regardless of language, race, ethnicity, disability or sexual orientation.

**Benchmark:**

**AB2-8.5.1:** Members of diverse communities will have access to information, education and resources in ways that reflect their cultural/ethnic/language preferences.

**Strategies:**

**AB2-8.5.1.1:** By September 2011 Area Board 2 will contact and work with SELPA's to assure "disability" is part of the "diversity" curriculum mandated in schools.

**AB2-8.5.1.2:** Annually, Area Board 2 will make contact with disability groups such as the Independent Living Center, Traumatic Brain Injury (TBI), Mental Health, Hearing and Vision impaired to encourage better understanding of issues and collaboration.

**AB2-8.5.1.3:** Area Board 2 will continue to research, apply and promote resources and funding for information to be available in alternative formats included but not limited to: sign language, large print, Braille, color coded, pictures and easy to understand language.